



Welcome to Silver Wolf CrossFit

2128 Remount Rd., Charlotte, NC

www.silverwolfcrossfit.com

704-207-4298

CrossFit/ Personal Training/ Group Classes & Seminars

Athlete Registration

NAME _____ DATE _____

DOB _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____

CELL # _____

EMPLOYED BY _____

Subscribe me to the Silver Wolf CrossFit Email List. I understand I can unsubscribe at any point and my information will never be sold.

I prefer to be contacted by: Email Text Phone

PRE-EXISTING CONDITIONS/INJURIES:

DOCTOR _____ PHONE # _____

IN CASE OF EMERGENCY NOTIFY: _____ PHONE# _____

PLEASE TELL US HOW YOU FOUND OUT ABOUT SILVER WOLF CROSSFIT:

WORD OF MOUTH () WALK BY () FLYER () ADVERTISEMENT () WEBSITE () OTHER () REFERRAL () _____

General Waiver

PLEASE NOTE: This waiver of Liability, Release, Acknowledgement of Risk, and Indemnification Agreement (“Waiver Agreement”) is intended to be, and is, legally binding. If any aspect of this Waiver Agreement requires clarification, have a Silver Wolf CrossFit owner or employee fully explain it before signing. By signing the Silver Wolf CrossFit “Student Registration” you are agreeing to all terms set forth in this Waiver Agreement. You and/or the person on whose behalf you are signing, are waiving the right to bring any type of action, whether in court or otherwise, to recover compensation or obtain any other remedy for any personal injuries, damages to property, any accident or incident of any type, or death, arising out of or related to your use of Silver Wolf CrossFit, its facilities, grounds, exercise areas, classes, equipment, whether the use is supervised or unsupervised. While Silver Wolf CrossFit offers these activities in a controlled environment, there is still an assumed risk of injury to persons using Silver Wolf CrossFit,. In agreeing to this Waiver Agreement, I hereby acknowledge, understand, and agree on my behalf, and upon behalf of the person for whom I am signing, that the use of Silver Wolf CrossFit, its facilities, equipment, classes and/or participating in activities sponsored by Silver Wolf CrossFit have **inherent risks**. These risks include, but are not limited to, any injury or damage resulting from: Negligence of employees, volunteer assistants, independent contractors of Silver Wolf CrossFit. Negligent misuse of the facility or equipment of Silver Wolf CrossFit, falling off or impacting against impact surface, floors, or anything else; rope abrasion, entanglement or other activities occurring on the premises; cuts or abrasions resulting from any cause whatsoever; failure of the equipment, whether inside or outside; personal health problems, whether mental or physical; negligence of other students, visitors, or observers or persons who may be present in or around the area or facility; and/or negligence or lack of adequate training of any person(s) who seek to assist with medical or other help either before or after any injury or damage may occur.

SILVER WOLF CROSSFIT AGREEMENT AND RELEASE OF LIABILITY

1. In consideration of being allowed to participate in the activities and programs of Silver Wolf CrossFit and to use its facilities, equipment and machinery in addition to the payment of any fee or charge, I, for myself, my heirs and assigns, hereby waive, release, and forever discharge Silver Wolf CrossFit, and their officers, agents, independent contractors, employees, representatives, executors and all others from any and all, responsibilities or liability from injuries or damages resulting from my participation in any activities or my use of equipment, classes, or machinery in the above mentioned activities. I do hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to myself, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf or in any way arising out of or connected with my participation in any activities of Silver Wolf CrossFit, or the use of any equipment at Silver Wolf CrossFit. **(Please initial)**_____

2. I understand and am aware that fitness and CrossFit including the use of the equipment, are all potentially hazardous activities. I also understand that fitness activities involve a risk of injury or even death, and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby to expressly assume and accept any and all risks of injury or death. **(Please initial)**_____

3. I do hereby declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation or use of equipment or machinery except as herein stated. I acknowledge that I have either had a physical examination and been given my physician’s permission to participate, or that I have decided to participate, in the activity of, fitness and the use of the equipment and machinery without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment and machinery in my activities. **(Please initial)**_____

Print Name _____

Signature _____

Date _____